



# CABLE RELEASE

May 1999

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## Editor Notes....

Becky Swick

This has been a busy month. Come to think of it the year has been incredible busy. Where is the time going? This month's newsletter includes some very interesting articles. Thanks goes out to all those that have taken the time to write articles.

It is also that time of year to think about the end-of-year competition and the annual banquet. Your vice-president, Jim Mitchell, has been very busy getting ready for the banquet. Attached to this newsletter is a flyer about the banquet. This year's banquet will be held Thursday, June 10<sup>th</sup>, 1999 at the Holiday Inn in Calverton

## Slide Meeting, May 6, 1999....

The May slide meeting will be held on Thursday, May 6, 1999 at 7:30PM at the Silgo Creek Community Center located off the Silgo Creek Parkway. The subject for the May meeting will be 'A Body of Work.' At this time we are working on getting a judge for the competition.

## Print Meeting, May 13, 1999....

The may print meeting will be held on Thursday, May 13, 1999 at 7:30PM at the White Oak library. The subject for the May meeting will be 'A Body of Work.' The judge for the print meeting will be Dick Bond. Dick is an artist in residence at the Maryland Hall for Creative Arts in Annapolis. Dick has been associated with the world of photography for 30 years. His career has included a professional photographer and teaching. We look forward to his visit to our club.

## 1999 Maine Field Trip

Bill Perry

The trip to Acadia National Park has been scheduled for the week of Sunday, October 10, through Saturday October 16. This period was selected in part because it should be the peak autumn foliage, but this is by no means the sole objective. Mount Desert Island and the

surrounding region offer spectacular opportunities for photography of mountains, lakes, a rugged and surf-battered rocky coast, seascapes, fishing villages, and much more. An L.L Bean outlet is located within a mile of our likely lodgings, and of course lobsters are a specialty in the area restaurants.

Details of the accommodations and logistical information will be provided in the Summer Cable Release. Included will be the deadline for reserving your room with a deposit of night's lodging. We'll spend the entire week in one strategically located place. In the meantime, call one of the Field Trip Committee members if you have any questions.



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### **SSCC Officers & Chairpersons 1998-99**

*President: Clarence Carvell... 301-725-0234*  
*Vice-President: Jim Mitchell... 410-997-7235*  
*Secretary: Sonja Kueppers... 301-589-8675*  
*Treasurer: Bob Catlett... 301-585-7163*  
*Director: Jim Rogers... 301-855-3532*  
*Director: Henry Rosenthal... 301-587-2235*  
*Director: Alex Cummins... 301-929-0640*  
*Cable Release: Becky Swick... 410-997-4918*  
*Competitions: Anne Lewis... 301-384-4938 and*  
*Jim Rogers... 301-855-3532*  
*Exhibits: Suzanne Izzo... 202-829-6470*  
*Field Trips: Edna Knopp... 301-721-1789*  
*Historian: Norm Bernache... 301-935-5617*  
*Hospitality: Print meetings... Suzy & Bill Boyle... 301-933-4527*  
*Slide meetings... Elisa Frumento... 301-593-6007*  
*New Members: Jim Mitchell... 410-997-7235*  
*Property: Joel Fassler... 202-829-7899*  
*Mini Portfolios: Clarence Carvell... 301-725-0234*

### **Workshop Chairs**

*Alternative Processes: Suzanne Izzo... 202-829-6470*  
*Composition and Presentation: Henry Rosenthal... 301-587-2235*  
*Computer Imaging: Stan Klem... 301-622-6640*  
*Critique: Clarence Carvell... 301-725-0234*

### **Representatives to Affiliated Organizations**

#### *Council of Maryland Camera Clubs:*

*Bill Perry... 301-593-5203*  
*Alex Cummins... 301-929-0640*  
*Frank Toner... 410-997-5813*

#### *Greater Washington Council of Camera Clubs:*

*Sharon Antonelli... 301-933-4450*  
*Henry Friedman... 301-588-1813*

#### *Photographic Society of America:*

*Clarence Carvell... 301-725-0234*

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Submissions for the *Cable Release* should be given directly to the Editor, Becky Swick, or mailed to her: 5929 Iron Frame Way, Columbia, MD 21044. Provide IBM PC format disks, email to swick@erols.com, otherwise typed with no handwritten notations. Phone: 410-997-4918.

### **McCrillis Gallery Exhibit: "Water"...**

Suzanne Izzo

Our 1999 exhibit is now up at the McCrillis Gallery. By the time you read this, the reception will be over; however, the exhibit is up until May 21. The show features a good variety of images reflecting the "water" theme. When you visit the gallery, be sure to leave a little time to walk through the gardens; May is one of the most beautiful months at McCrillis. The Gallery is open noon to 4pm, every day except Monday. The Gardens are open every day from 10 am to sunset.

The reception was held April 22. The house was filled to overflowing. Fortunately, it was a beautiful warm evening, so many people enjoyed spending some time outside. We were privileged to have the judge for the show, Frank Van Riper at the reception. He handed out prizes and spoke about the winning images. The following prints received awards:

1 <sup>st</sup>	Jim Mitchell	Dock in the Mist
2 <sup>nd</sup>	Sharon Antonelli	Junk and Fisherman
3 <sup>rd</sup>	Rhoda Steiner	Tranquility
HM	Pat Bress	Port Deposit
HM	Charles Hundermark	Venice in Black and White
HM	Suzanne Izzo	Colors of the Sea

There was also a door prize (Van Riper's Faces of the Eastern Shore) which was won by Louise Barnett. An additional prize was given to the person who had come the longest distance to the exhibit. This was won by Nelly Murphy, Elisa Frumento's sister-in-law, who came all the way from Argentina to see the show.

I would like to thank all the members who so generously gave of their time to help me with the exhibit. Stan Klem stepped in at the last minute to produce the invitation cards. He also headed the excellent hanging crew, which consisted of Jim Harris, Anne Lewis, Harald Hoiland, and Henry Rosenthal. At the reception, I had the help of Louise Barnett and Mary and Bill McCoy. Louise also brought some delicious brownies and was kept busy refilling the plate as they disappeared very fast.

Sharon Antonelli and Clarence Carvell filled in for Norm Bernache as photographers to produce pictures for our web site. So far, my volunteers for gallery sitting are Mike Lux, Bill and Bernice Perry, and Mary and Bill McCoy. I still need

volunteers for May 2 (Sunday) and May 8 (Saturday). I certainly appreciate everyone's help.

## Frustration for the Photographer...

Bob Ralph

Corticosteroids are potent anti-inflammatory agents for treating a wide variety of disorders, including autoimmune diseases such as rheumatoid arthritis and systemic lupus. Prednisone is the most commonly used oral corticosteroid. Despite the possible side effects of prednisone, for example, are gastrointestinal bleeding, hypertension, diabetes, osteoporosis and an increased risk of infection.

Prednisone is also capable of causing ocular changes such as glaucoma and a unique variety of cataracts that even in its earliest stages can be frustrating to a photographer. It can cause a tiny collection of opaque crystals to form centrally against the back capsule of the lens. This cluster of crystals is called a posterior subcapsular cataract.

Light entering the eye passes through the cornea (the window of the eye), the fluid-filled anterior chamber, the lens and the vitreous (a clear gel filling the back of the eye) on its way to the retina. Less than a millimeter behind the lens in the vitreous is the nodal point, a theoretical point through which rays of light must pass before they focus on the retina. Just in front of the nodal point is the region of the lens where prednisone can cause a posterior subcapsular cataract.

When you compose a photograph through your viewfinder, it is essential for the rays of light originating at the subject to pass through the nodal point of your eye. If even a tiny collection of crystals is positioned right in front of the nodal point, it will make it almost impossible for you to focus your image precisely. The critical rays destined to cross through your nodal point will be forced to pass first through the posterior subcapsular cataract, which will distort the image and decrease its contrast.

People with posterior subcapsular cataracts will often say that their vision is far worse in sunlight than in the evening or in the shade. This annoying phenomenon is a direct result of the location of the posterior subcapsular cataract. Even in its earliest stages, when it consists of only a few crystals, the opacities are at the very center of the back portion of the lens. In bright surroundings, when the pupil is constricted, light rays cannot escape an encounter with the posterior subcapsular crystals. And so we have the seemingly paradoxical situation in which a

cataract barely large enough to be seen by the ophthalmologist is capable of eliciting bitter complaints from a frustrated patient.

Once a posterior subcapsular cataract appears, vision usually will worsen slowly as more crystals accumulate along the back capsule of the lens. If the visual disability interferes significantly with the patient's activities of safety, then cataract surgery may be considered. In rare cases, when the patient on chronic prednisone therapy is fortunate enough to be able to discontinue this medication, the crystals may regress spontaneously and vision may improve without surgery.

## A Little Virus Anyone?....

Kerry Swick

I could not help noticing all the press that the Chernobyl virus was getting. This is a real problem for all computer owners. Just today I popped a floppy in my A drive and bingo, it had a virus on it. How did I know this, my anti-virus software automatically detected the virus and cured it. It was a pretty harmless variety, none the less it was a virus. The Wednesday's Washington Post reported that a lot of companies outside the US were hit by the virus. The cost of fixing the computers combined with the lost revenue was rather high.

The Chernobyl virus, a.k.a. W95.CIH or PE\_CIH, has been around since 1998. If you have a current version of anti-virus software then you had no worries. If you did not then you had the same exposure as all those companies now trying to recover.

A virus may enter your computer in many different ways. One of the most common ways to transfer a virus is through a floppy disk. The floppy gets infected and handed off to another user. The user puts it into their computer and the computer becomes infected. Another way would be to download a file that is infected off the Internet. The file is infected and again so are now you. One of the more difficult ways to detect a virus is when it is attached to a document. The virus is hidden until it you open the document. You open the document and your system is now infected. The WAZZU virus is a classic example. You open your document and watch text get move and deleted. As you can see there are many ways to get infected.

Anti-virus software will scan files before they are downloaded to your computer. It stops the virus before it can become attached to your computer. The software I

use is Norton's AntiVirus version 5.00.00. The current Norton AntiVirus software update for March 27, 1999 has a total of 21,412 viruses.

There are many anti-virus software products on the market today. You will want to make sure whichever one you choose has the ability to be updated monthly. The folks out there creating these viruses apparently have far more time on hand than the folks trying to clean them up. The other choice for preventing infection would be to never use a modem, never use a floppy and never install any software on the computer. To help you along a little bit just ask yourself the questions, 'How important is the data on my computer' and 'Do I feel lucky today.'

### All The Right Angles....

Bob Ralph

One photographer friend of mine buys a new Nikon every time the technology changes even slightly. I try to stick with my equipment until it doesn't work any more. And that is why I had never used anything but a Bogen tripod...at least until last month.

Now I am a Benbo convert. I am so thrilled with my Trekker that I cannot imagine returning to the old Bogen any time soon.

At home I do a lot of close-up work. When I have plenty of time to set up the shot, there's no problem attaching a Bogen articulating arm to the back of a chair, the rail on my deck or the central vertical tube on the Bogen tripod. But the articulating arm has a tendency to vibrate, especially if it is supporting a heavy camera at maximal extension. I've taken the articulating arm and the standard tripod into the woods or along the towpath, and with a bit of patience I can set the whole thing up for photos of flowers and similar inanimate subjects. On the other hand, I will miss a skink every time. Lizards don't hang around long enough for me to set up my articulating arm.

The first time I tried to set up my Benbo Trekker, I felt totally uncoordinated, even to the point of being a little frustrated. The three legs of the Trekker hang loosely from a curved "axle" which is threaded at one end to accommodate a heavy-duty clamp. Also on the same axle is the extendable arm that holds the camera. On the working end of the arm is a heavy-duty ball head with a two-inch camera-mounting platform. Unlike conventional platforms, the Trekker's legs can set in virtually any position to the

level of the lily pads on a pond. There's almost no camera position that cannot be achieved with the Trekker.

It takes a bit of practice to set this thing up quickly. From a completely closed position, I can now open up the tripod, set the legs on irregular terrain or even in water, mount the camera and position it for shooting in about thirty-five seconds. It took me more than twice as long until I got the hang of it. Once the optimal position is achieved a firm twist of the clamp secures it all in place so there is no camera vibration or drift. I use a cable release for virtually every shot, so unwanted camera movement isn't an issue.

B&H Prices: Trekker 35 (64 inch maximum height) - 159.95, Pan Ball Head for Trekker - 96.95

### April Slide Winners....

Judge: Garry Kreizman

Subject: Scenic

#### Novice/Advanced Combined

1 <sup>st</sup>	Elisa Frumento	Santa Lucia
2 <sup>nd</sup>	Mike Lux	Rockfall
3 <sup>rd</sup>	Mary McCoy	Woodland Path
HM	Pai Bress	Big Sky
HM	Charles Hundertmark	Italian Manor
HM	Charles Hundertmark	Isle of Capri

### April Print Winners....

Judge: Frank Van Riper

Subject: Scenic

#### Combined Novice/Advanced MONO Prints

1 <sup>st</sup>	Bill Perry	Swamp Scene
2 <sup>nd</sup>	Mary McCoy	Gulf Side Pines
3 <sup>rd</sup>	Pat Bress	Black Cow
HM	Chuck Bress	House on the Hill
HM	Charles Hundertmark	The Isle of Capree
HM	Charles Hundertmark	Italy #6

#### Novice COLOR Prints

1st	Jim Rogers	Sol Duc River
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#### Advanced COLOR Prints

1 <sup>st</sup>	Chuck Bress	Miller & Long
2 <sup>nd</sup>	Elisa Frumento	Poconos
3 <sup>rd</sup>	Elisa Frumento	Morning in St Michael #2
HM	Harald Hoiland	Frozen in Time
HM	Charles Hundertmark	The Grand Tetons
HM	Charles Hundertmark	Glacier Nat. Pk. #3



# 1999 SSCC Banquet



## Complete Fun Filled Evening

Holiday Inn, Calverton

Thursday, June 10<sup>th</sup>, 1999



- ❖ Open Bar 6:00 PM
- ❖ Heure de vours 6:30 PM
- ❖ Complete Buffet Dinner 7:00 PM

Photographer of the Year Awards  
 Year End Competition Awards  
 Special Recognition Awards

Advance Payment  
 \$25.00 per person

Door Prizes



Name(s) as you would like them to appear on badge(s)

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

Your Name \_\_\_\_\_ Check \_\_\_\_\_ Cash Amount \$ \_\_\_\_\_

[www.scccphotography.org](http://www.scccphotography.org)

**Silver Spring Camera Club Membership Form - 1998-1999**

Name \_\_\_\_\_ Spouse \_\_\_\_\_ Regular \$30  
Address \_\_\_\_\_ Spouse \$20  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Student \$20  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Email Address \_\_\_\_\_

Make checks payable to the Silver Spring Camera Club and give or mail to Treasurer, Bob Catlett, 8710 Geren Road, Silver Spring, MD 20901, (301)585-7163. Note: Dues cover the club year from September through May. After January 31, dues for the remainder of the year for new members are \$20.00, dues for spouses and students remain at \$20.00.

Cable Release  
Silver Spring Camera Club  
P.O. Box 2375  
Wheaton, Maryland 20902-0461  
Member of....



99/76  
Anne Lewis  
12914 Allerton Lane  
Silver Spring, Md. 20904

209049926887163

